

Instructions - Part 1 - Folding

1. Take a single piece of willow



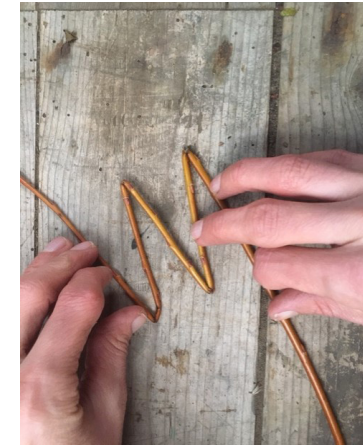
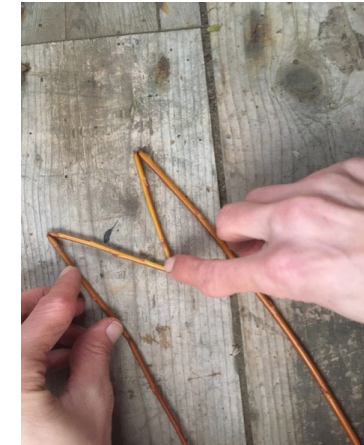
2. Make one fold, a third of the length from the bottom of the stem, (just shorter than the average length of your forearm)



3. Make another fold, roughly 8cm to the left of the first fold (about an index finger's length)



4. Make two further folds, along the extended length, each at 8cm, creating an M and a W letter shape



5. Hold the long stem and let the folded pieces go. You will use these folds in a moment. Now move on to part 2 - assembling your star

Instructions - Part 2 - Assembling your star

6. Fold the willow once, to make a shape like a number 4



7. Fold the willow again, as if from approximately 3 o'clock to 10 o'clock on a clock face, and tuck it underneath. You should now see the four sides of the star emerge in your hands



8. Fold the willow again, as if going from 10 o'clock to 5 o'clock on a clock face, weaving the thread over and under the existing shape



9. Use your thumbs to finalise the star shape



10. Tie in a knot to finish off – with the end of the willow, or using wool or string



11. Display the star in your chosen spot

